

# **DAILY SCHEDULE 2024**

North Bellevue Community Center is excited to have you attend programs, and social gatherings.

# **Entering the Facility:**

- ★ Please sign in at the front desk each time you enter.
- ★ The North Bellevue Community Center Advisory Board, a 501c3, works to support activities for the Bellevue community. Email or leave suggestions with NBCC staff at nbcc@bellevuewa.gov

## **Free Public Spaces:**

The North Bellevue Community Center has free-to-be spaces for community use. During opening hours, the Billiards Room, Coffee Bar, and Library are available for the public when they are not being used for programs.

For more information or to register for an event or program stop by the Front Desk or: call 425-452-7681 | email nbcc@bellevuewa.gov online at Register.BellevueWA.gov

R = Resident | NR = Non Resident

## **HOURS**

**Monday-Thursday:** 

9 a.m.-8:30 p.m.

Friday: 9 a.m.-5:30 p.m. Saturday-Sunday: Closed

North Bellevue Community Center 4063 148th Avenue NE Bellevue, WA 98007

Hidden Valley Field House 1903 112th Ave NE Bellevue, WA 98004

425-452-7681 nbcc@bellevuewa.gov BellevueWA.gov/nbcc



DAILY SCHEDULE			
MONDAY			
Silver Sneakers Yoga	9:30-10:30 a.m.	\$6R / \$7NR	
CISC Music Group	9:30 a.m1:30 p.m.	FREE	
Silver Sneakers Classic	11 a.m12 p.m.	\$6R / \$7NR	
Drop-In Pickleball (18 person limit)	3-5 p.m.	\$4R / \$5NR	
Drop-In Ping Pong	3-5 p.m.	\$4R / \$5NR	
Conqueror Hapkido & MMA (Ages 5-12)	5:30-6:30 p.m.	Monthly fee applies	
Conqueror Hapkido & MMA (Ages 12+)	6:35-7:35 p.m.	Monthly fee applies	
Parkinson's Disease Support Group Occurs on the first Wednesday of the month	5 -7 p.m.	FREE	
TUESDAY			
CISC Russian Speaking Senior Day & Resource programs (Age 50+)	9:30 a.m2 p.m.	FREE	
Fiber Arts Club Monthly exploratory workshops and free studio	11:30 a.m1 p.m.	Free/Varies per workshop materials	
<b>Sounds of Swing Big Dance Practice</b> Second Tuesday of the month is a dance with a \$3 fee	1-3 p.m.	FREE	
Drop-In Pickleball (18-person limit)	4-6 p.m.	\$4R / \$5NR	
Drop-In Pickleball (18-person limit)	6-8 p.m.	\$4R / \$5NR	
WEDNESDAY			
CISC ESL Instruction Hybrid	9:15-10:45 a.m.	FREE	
SilverSneakers Yoga	9:30-10:30 a.m.	\$6R / \$7NR	
Statewide Health Insurance Benefits Advisors (SHIBA) Consultations presented by CISC	9:30-11 a.m.	FREE	
CISC Chorus	9:30 a.m11:30 p.m.	FREE	
SilverSneakers Classic	11 a.m12 p.m.	\$6R / \$7NR	
Art for Older Adults	1-2:30 p.m.	FREE	
CISC Line Dancing	1-2:45 p.m.	\$4R / \$5NR	
Monthly Tech Workshops Please inquire for monthly curriculum details	1:30-3 p.m.	\$36R / \$44NR per month	
Afterschool Art Adventures (Ages 7-11)	3:30-4:45 p.m.	\$64R / \$76NR Four week sessions	
Drop-In Pickleball (18-person limit)	3-5 p.m.	\$4R / \$5NR	
Conqueror Hapkido & MMA (Ages 5-12)	5:30-6:30 p.m.	Monthly fee applies	
Conqueror Hapkido & MMA (Ages 12+)	6:35-7:35 p.m.	Monthly fee applies	

DAILY SCHEDULE				
THURSDAY				
CISC Family Resources Drop-in App	ot.	9 a.m12 p.m.	FREE	
Indian American Community Servi (IACS) programs	ices	9 a.m3 p.m. & 6-8:30 p.m.	Check in at IACS table, Fee applies	
CISC Tai Chi		9:30-10:30 a.m.	\$4R / \$5NR	
Cribbage Group		10 a.m12 p.m.	FREE	
Pinochle Group		12-3 p.m.	FREE	
Family Storytime (ages 5 & under)		1:30-2 p.m.	FREE	
Family Playtime (ages 5 & under)		2-3:45 p.m.	FREE	
<b>Eastside Legal Services</b> Occurs on the Third Thursday of the Mo	nth	3-5 p.m.	FREE to those who qualify	
Drop-In Pickleball (18 person limit)		4-6 p.m.	\$4R / \$5NR	
Drop-In Pickleball (18 person limit)		6-8 p.m.	\$4R / \$5NR	
FRIDAY				
CISC Russian Speaking Senior Day 8 Resource programs (Age 50+)	&	9:30 a.m2 p.m.	FREE	
CISC ESL Class		9:15-10:45 a.m.	FREE	
Silver Sneakers Yoga		9:30-10:30 a.m	\$6R / \$7NR	
Coffee & Coloring		9:30-11:30 a.m.	FREE	
NBCC Chorus		10:30 a.m12 p.m.	FREE	
SilverSneakers Classic		11 a.m12 p.m.	\$6R / \$7NR	
Duplicate Bridge		12:15-3:30 p.m.	FREE	
NBCC Line Dance		1-2:45 p.m.	\$4R / \$5NR	
Friday Movies		2-4 p.m.	FREE	
<b>Drop-In Pickleball</b> (18 person limit)		3-5 p.m.	\$4R / \$5NR	
<b>Drop-In Ping Pong</b>		3-5 p.m.	\$4R / \$5NR	
NBCC Programs at Hidden Valley Run September through June				
<b>Drop-In Coed Volleyball</b> (28 person limit)	Mondays Fridays	10 a.m12 p.m. 10 a.m12 p.m.	\$4R / \$5NR	
<b>Drop-In Pickleball</b> (24 person limit)	Tuesdays Wednesdays Fridays	10 a.m12 p.m. 10 a.m12 p.m. 12:30-2:30 p.m.	\$4R / \$5NR	
Beginner Pickleball Clinic Pre-registration is required	Thursdays	10 a.m12 p.m.	\$40R / \$48NR 4 week sessions	

#### **NBCC BOARD GAME LIBRARY**

Games from the NBCC Game Library are available for use during business hours. Inquire at the front desk for more information.

## **FITNESS CENTER**

Come check out the **Fitness Center SilverSneakers** Members Welcome!



NBCC Fitness Center is available during opening hours, drop-in fee is \$5R / \$6NR, other payment plans available. Please inquire at front desk for more information on payment options. Fees for the Fitness Center and Silver Sneakers Exercise programs are covered under certain health insurance/Medicare plans. To check eligibility, inquire with your insurance provider or at the NBCC front desk.

## **RENTAL SPACE**

NBCC has the space you need for your party, meeting, training or event. Call 425-452-7681 or email nbcc@bellevuewa.gov for availability.

\*Ask the NBCC Staff about a City of Bellevue PLAY PASS for discount play!

Programs, hours, and fees subject to change without notice. Please contact NBCC for updated information.

# **Partner Organizations at NBCC**

The North Bellevue Community Center partners with multiple community service organizations to bring a wide variety of programs to the North Bellevue community. Our current partners include the Chinese Information and Service Center (CISC), Indian American Community Services (IACS), Kin On, American Parkinson's Association, Komputer Enthusiasts of Greater Seattle (KEGS), Senior Tech of Puget Sound, SeaMar Community Health Centers, Sound Generations, Eastside Legal Services (ELAP), and Catholic Community Services. These groups are an essential part of our community at NBCC, bringing many special programs and services to our center. Programs with NBCC partner groups are open to the public. Inquire at the front desk for more information.

